

Total Amino Solution™ is a high quality dietary supplement designed for your body's "total" wellness. It provides essential nutrients for the whole you (brain and body) and offers vital nutritional support for:

- Occasional Moodiness*
- A healthy response to occasional stress/tension*
- Maintaining healthy immune function*
- Healthy inflammation response/soft tissue recovery*
- Exercise endurance/muscle recovery & repair*
- Maintaining normal joint health*
- Maintaining healthy energy levels*
- Maintaining normal brain health and cognition*
- Maintaining metabolic balance*
- Maintaining healthy brain plasticity*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



*"Total Amino Solution is the only amino acid blend used at our clinic because its free-form contents are instantly digested and include all 10 essential amino acids. No other blend contains L-Tryptophan, a vital source of our natural serotonin."**

*Julia Ross, M.A.,
Author of "The Mood Cure" and
"The Craving Cure" and an expert
in nutritional-psychology.*

Natural color and odor variations may occur in this product.

Store in a cool, dry place away from micro-waves, computers and x-rays.

Pure Amino Acid Blend

US Patent Pending



GenesaLiving.com
1.800.404.1065



total
amino
solution®



The complete amino acid supplement
made with free form L-Tryptophan

DIETARY
SUPPLEMENT



180 Vegetarian
Capsules

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Riboflavin (as riboflavin 5' phosphate) 3 mg	231%
Niacin (as niacinamide) 3 mg	19%
Vitamin B ₆ (as pyridoxal 5-phosphate) 3 mg	176%
Folate (as methyl folate DCE) 400 mcg	100%
Vitamin B ₁₂ (as methylcobalamin) 60 mcg	2500%
Magnesium (as amino acid chelate) 10 mg	2%

L-lysine 150 mg	†
L-valine 150 mg	†
L-tryptophan 150 mg	†
L-phenylalanine 135 mg	†
L-methionine 120 mg	†
L-leucine 105 mg	†
L-threonine 105 mg	†
L-isoleucine 90 mg	†
L-arginine 75 mg	†
L-histidine 75 mg	†
L-tyrosine 132 mg	†
L-carnitine 120 mg	†
L-serine 120 mg	†
L-glutamine 120 mg	†
Aspartic acid 105 mg	†
L-proline 90 mg	†
L-glycine 90 mg	†
Taurine 90 mg	†
L-cysteine (as n-acetyl cysteine) 90 mg	†
Gamma aminobutyric acid (GABA) 75 mg	†
L-alanine 75 mg	†
L-glutamic acid 75 mg	†

† Daily Value not established.

Other ingredients:
natural vanilla flavor,
natural tangerine flavor

Suggested usage:
Take 3 capsules once
or twice daily between
meals.

This supplement
product is not
intended to replace
protein as a daily food
source.

Free of gluten, wheat,
dairy, soy, corn.

Manufactured in
U.S.A. for
Genesa, Inc.
P.O. Box 1522
Whitefish MT 59937



Rev4