

**total amino solution®** is a high quality dietary supplement designed for your body's "total" wellness. It provides essential nutrients for the whole *you* (brain and body) and offers vital nutritional support for:

- Maintaining normal brain health and cognition\*
- Reducing anxiety & occasional moodiness\*
- A healthy response to occasional stress/tension\*
- Maintaining healthy immune function\*
- Healthy inflammation response/soft tissue recovery\*
- Maintaining healthy energy levels\*
- Exercise endurance/muscle recovery & repair\*
- Maintaining metabolic balance\*
- Maintaining healthy neurotransmitter balance\*
- Recovery from addictive substances\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**GENESA**   
GenesaLiving.com  
1.800.404.1065

*"total amino solution is the only amino acid blend used at our clinic because its free-form contents are instantly digested and include all 10 essential amino acids. [It] contains L-Tryptophan, a vital source of our natural serotonin."*

*Julia Ross, M.A.,  
Author of "The Mood Cure" and  
"The Craving Cure" and an expert  
in nutritional-psychology.*

Natural color and odor variations may occur in this product.

Store in a cool, dry place away from microwaves, computers and x-rays.

Free-Form Amino Acid Blend

**GENESA** 

total  
amino   
solution <sup>®</sup>

Enjoy the power of **FREE-FORM** Aminos

**DIETARY  
SUPPLEMENT**



**180 Vegetarian  
Capsules**

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 60

Amount Per Serving	% Daily Value
Riboflavin (as Riboflavin 5' phosphate) 3 mg	231%
Niacin (as niacinamide) 3 mg	19%
Vitamin B <sub>6</sub> (as pyridoxal 5-phosphate) 3 mg	176%
Folate (as methyl folate DCE) 400 mcg	100%
Vitamin B <sub>12</sub> (as methylcobalamin) 60 mcg	2500%
Magnesium (as amino acid chelate) 10 mg	2%

total amino solution® the Complete Proprietary Blend of 20+ Free-Form Amino Acids (All Essential and Non-Essential): L-Lysine, L-Valine, L-Tryptophan, L-Phenylalanine, L-Methionine, L-Leucine, L-Threonine, L-Isoleucine, L-Arginine, L-Histidine, L-Tyrosine, L-Carnitine, L-Serine, L-Glutamine, L-Aspartic Acid, L-Proline, L-Glycine, Taurine, L-Cysteine (as n-acetyl cysteine), Gamma amino-butyric acid (GABA), L-Alanine, L-Glutamic Acid\*

\* Daily Values not established.

Other ingredients:  
natural vanilla flavor,  
natural tangerine flavor,  
natural rice bran wax.

### Suggested usage:

Adults: Take 2-4 capsules on an empty stomach between meals. Take at least 15 minutes, preferably 20 or more before meals. May repeat 2-3 times daily, as needed.

This supplement product is not intended to replace protein as a daily food source.

Free of gluten, wheat, dairy, soy, corn.

**Established in 2008**

Manufactured in  
U.S.A. for:  
Genesa, Inc.  
P.O. Box 1522  
Whitefish, MT 59937



Rev5

