

# Why do I need Total Amino Solution®?

total  
amino  
solution®

## TOTAL AMINO SOLUTION® 180 Capsules

### Do you need to supplement with amino acids?

Many people do. Depleting your body's natural amino acid supply can happen easily for a variety of reasons including exercise, aging, addictive behaviors, stress, medications, infections, vitamin deficiency, or even a lack of varied protein. Common symptoms range from moodiness to fatigue to carbohydrate cravings to sleeplessness.

### Which common symptoms benefit from the use of amino acids?

Every system in your body requires amino acids to function properly (bones, organs, digestive tract, brain, nervous system--even emotional well being). Any amino acid deficiency can lead to a wide variety of symptoms. Common symptoms that can be improved with supplementation include:

Hypoglycemia/Moodiness ~ Low Serotonin Conditions: Depression, Anxiety, Panic, Insomnia, Fibromyalgia ~ Low Endorphin Conditions: Chronic Physical/Emotional Pain, Recovery from Addiction ~ Recovery from Surgery or Soft Tissue Injury ~ Low Protein Consumption (Vegans, Vegetarians, Senior Citizens)

### How can Total Amino Solution® help?

Total Amino Solution® is a complete blend of all the amino acids your body needs to repair itself. Taking a single amino acid can improve a single symptom. But that one symptom stresses an entire system--your body. This means that total repair of your body may require a "total" blend of all the amino acids to refuel your body's natural repair system.

### How is our product different from other amino acid products?

- ✓ broad-spectrum amino acids (meaning a wide array of applications)
- ✓ free-form (the purest form) amino acids
- ✓ contains ALL the essential and nonessential amino acids with cofactors
- ✓ all natural/no fillers
- ✓ vegetarian
- ✓ non-GMO
- ✓ free of all common allergens
- ✓ a unique formula in the marketplace

A revolutionary, high-quality supplement designed for your body's "total wellness" ~ it provides essential nutrients for the whole you (brain and body).

For more information visit:  
[www.GenesaLiving.com](http://www.GenesaLiving.com)  
Phone: (800) 404 1065  
Email: [info@genesaliving.com](mailto:info@genesaliving.com)



GENESA